

Ghada Endick, Assistant Dean



Anika "Nikki" Sullivan Graduate Program Coordinator

FOLLOW US!

h

Office of Graduate Student Life

The OGSL is here to enhance the educational experience and quality of life of Rutgers graduate and professional students. We partner with the various graduate schools, academic graduate programs, and graduate student organizations to foster a vibrant and supportive grad community, create a sense of belonging, and help students Navigate the vast array of resources available at Rutgers.

	Advocacy	Support	
		Resources	
	Connections	Community	
	CONTACT US!	VISIT US!	
Ç	gradstudentlife@echo.rutgers.edu	College Avenue Student Center	
	and	Graduate Student Lounge	
https://graduatestudentlife.rutgers.edu/		126 College Avenue	
		Click <u>HERE</u> to view staff drop-in hours	





Graduate Student Life

Weekly Digest



FRIENDSGIVING SOCIAL GATHERING

International Graduate Students are invited to join us for a Friendsgiving lunch! Food to be provided by Efes Mediterranean Grill. Rutgers Global and the Office of Graduate Student Life are excited to welcome you!

> NOVEMBER 18TH 11:30 AM TO 1 PM THE COVE WSCH STUDENT CENTER

r Wednesdays starting September 18th for 1 Fail 2024 semester!

³ Graduate Historit Learge and College Average Barterd Persons on College A

STAY INFORMED!

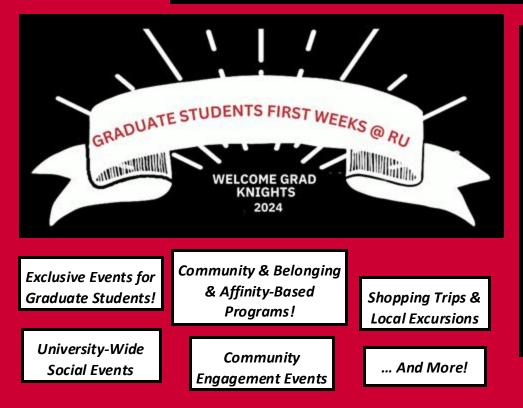
The Graduate Student Life Weekly Digest provides weekly updates on events, programs, employment opportunities, and student support resources available to graduate students at Rutgers!

Scan or Click <u>HERE</u> to Subscribe!



Upcoming Programs & Events!

First Weeks @ Rutgers: Welcome Programs 2024



All incoming and continuing graduate students are invited to participate in welcome and communitybuilding programs to kick off the initial weeks of the Fall semester. Programs are designed to introduce you to essential resources, provide opportunities to connect with other graduate students, learn about Graduate Student Organizations and participate in campus-wide events. There are graduate-exclusive programs and university events open for both undergraduate and graduate students. View the full schedule of events for Fall 2024 on

THIS webpage!

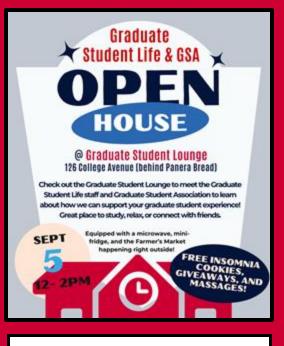
Upcoming Programs & Events!

First Weeks @ Rutgers: Welcome Programs 2024



Scan Here to register!





Stop by the Graduate Student Lounge from 12-2pm on September 5!

Upcoming Programs & Events!

Graduate Student Welcome Reception & Resource Fair

OFFICE OF GRADUATE STUDENT LIFE AND THE GRADUATE STUDENT ASSOCIATION PRESENT...

GRADUATE STUDENT WEI COME **RECEPTION & RESOURCE FAIR**

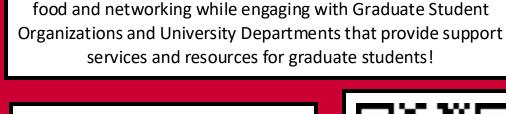
ALL GRADS WELCOME!

Enjoy food, networking, and meeting graduate student organizations and university departments that provide academic and support services!





Offices of the Dean of Students **Graduate Student Life**



All graduate Students are invited to join the Office of Graduate

Student Life and Graduate Student Association (GSA) to enjoy

Thursday, September 12 3:00pm-6:00pm **Busch Student Center** Multipurpose Room





Finding Your Community



- African students (<u>Facilitators</u>: Zainab Mustapha, Ph.D. student, Chemistry & Chemical Biology and Mazvita Chikomo, Ph.D. student, Earth & Planetary Sciences)
- Neurodivergent students (<u>Facilitator</u>: Jules Vivid, Ph.D. student, Sociology)

Affinity groups are affirming spaces to: To learn more & register, scan below or visit go.rutgers.edu/Affinitygroups

Build community with peers who share experiences, backgrounds, & social identities Connect with personal and professional support Deepen collective learning around shared interests



Click <u>HERE</u> to learn more about Graduate Affinity Groups!

Graduate Affinity Groups

Interested in joining a peer-led group with other students who share similar backgrounds, identities, or experiences?

Consider joining a Graduate Affinity Group!

Six Peer-led Graduate Affinity Groups:

- Bisexual + Student Support Group
- BIPOC LGBTQ+ Graduate Students Group
 - Chinese Graduate Student Group
- Rutgers International Graduate Students
 - Rutgers African Graduate Students
 - Supporting Neurodiversity at Rutgers

Student Basic Needs

Student Basic Needs

RU Student Basic Needs provides support for basic needs including but not limited to food, housing, clothing, childcare, mental health, financial resources, and transportation

More Information: <u>basicneeds.Rutgers.edu</u> Make an appointment with Student Basic Needs by emailing:

basicneeds@echo.rutgers.edu



Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing and food.

International students and undocumented students are eligible to apply for the Emergency Aid Fund.

Learn more <u>HERE</u>.

Follow Basic Needs!

Student Basic Needs

Student Basic Needs

RU Student Basic Needs provides support for basic needs including but not limited to food, housing, clothing, childcare, mental health, financial resources, and transportation

More Information: *basicneeds.Rutgers.edu* Make an appointment with Student Basic Needs by emailing:

basicneeds@echo.rutgers.edu





Food Resources

Rutgers Food Pantry

The Rutgers Student Food Pantry is dedicated to helping all Rutgers students in need of food. Students can visit the Pantry in the College Avenue Student Center and receive about one week's worth of groceries, no questions asked.

Rutgers Mobile Food Pantry

Can't make it to College Ave? The Rutgers Mobile Food Pantry makes stops in Downtown New Brunswick, Douglass, Busch, and Livingston.

More Information including operating hours and locations can be found <u>HERE</u>.

Student Health and Wellness



Call 911 in case of emergency, if you or someone else is in immediate danger, or need immediate medical attention.

Learn More at dosomething.rutgers.edu

Do Something to Help: Share a Concern!

Rutgers is a community that cares, share concerns HERE about any of the following:

- Students who may be using dangerous drugs (heroin, prescription drugs, etc.)
- Students who may be a threat to themselves or others.
- Students' emotional state or wellbeing
- Disruptive or aggressive behaviors
- To share a concern regarding a bias incident, click <u>HERE</u>.
- To share a concern regarding sexual harassment, sexual assault, dating violence, domestic violence, or stalking, click <u>HERE</u>.
- To share a concern regarding a violation of the code of conduct, click <u>HERE</u>.

Support for Pregnant and Parenting Graduate Students

"Being a parent-student demands constant effort to balance the demands of academia and raising a family. My daughter is also a constant source of inspiration and motivation to strive harder for my dreams."

- Bhavya Blaze

Resources for Pregnant & Parenting Graduate Students

Find information on:

- Adding spouses and dependents to Rutgers Health Insurance.
- Lab and workplace safety for reproductive health & pregnancy.
- Legal protections for pregnant and parenting students and partners of those who are pregnant and parenting.
- On-campus lactation spaces.
- Leaves of absence (academic and employment)
- Accommodations for pregnant students and students experiencing pregnancy-related conditions
- Support services and resources for pregnant and parenting students available through Rutgers and the local community.

Resource Webpage for Pregnant and Parenting Graduate Students!

Check out the new resource webpage for pregnant and parenting graduate students for information about support services, resources, policies, and community engagement opportunities that are available to pregnant and parenting students at Rutgers.

Click <u>HERE</u> to view the Resource Webpage for Pregnant and Parenting Graduate Students!

Have questions or having trouble finding support?

Email the Office of Graduate Student Life for assistance!

gradstudentlife@echo.Rutgers.edu